



ISRCTN85562386

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PODCAST NEWS

CENTRES

Aberdeen	0
Aintree	2
Airedale	0
Bassetlaw & Donc	0
Bath	0
Bournemouth	0
Bradford	0
Chesterfield	0
Derby	0
Durham & Darl'tn	0
Middlesboro'	0
Margate	0
Newcastle	1
NTees & Hart'l	1
Northumbria	0
Nottingham	8
Poole	0
Solihull	0
South Tyneside	0
Truro	5
Whitehaven	0
Yeovil	2
York	2

**Total number of patients
recruited to date on 28
February 2012**

Newsletter for the Prevention Of Decline in Cognition After Stroke Trial

Web: www.podcast-trial.org/

Email: podcast@nottingham.ac.uk

PODCAST is on Twitter - please follow us on @podcasttrial

STOP PRESS

Substantial Amendment

We are preparing for a substantial amendment for submission in the next few months. At the moment we do not include posterior strokes so please make a note of interested patients who have had a posterior stroke as they may still be in time once the amendment is in place. We also intend to change the telephone screening from telephone, to face-to-face, at the research clinic. This will provide us with a more accurate picture of the patient's BP readings. So if you have potential patients, who currently don't meet the BP inclusion criteria with their last 3 BPs from their index event, but you feel their BPs in general are within range, then please make a note of their details. They may still have the opportunity to participate!

Congratulations to:

- Newcastle, North Tees and Hartlepool who have successfully randomised their first patients.
- York, who have now randomised their first 2 patients.
- Many thanks to those centres who have screened patients, and entered them on the live site but they are ineligible to participate. Please keep trying as you will get an eligible patient! The failed screenings are expected.
- And finally well done to those centres who have a patient ready for screening. There are 9 patients waiting to be randomised, which is excellent!

**Chief Investigator**

Prof Philip Bath
+44 115 823 1768

Trial Manager

Sally Utton
+44 115 823 0287

Trial Co-ordinator

Lynn Stokes
+44 115 823 1671

**Database
Programmer**

Lee Haywood
+44 115 823 1777

Trial Statistician

Cyrille Correia
+44 115 823 1670

**Data and Imaging
Officers**

Tanya Jones and
Clare Randall
+44 115 823 1763

**PODCAST Trial
Office**

Division of Stroke
Clinical Sciences
Building
Nottingham University
Hospitals NHS Trust
Hucknall Road
Nottingham
NG5 1PB
Tel +44 115 823 1671
Fax +44 115 823 0273

Tips of the month

- Please include the informant as much as possible in the whole recruitment process. The informant may have a big influence on the patient, ensuring they continue to participate, the patient takes their prescribed medications and generally retains interest in participating in PODCAST!
- Newcastle have an excellent system in place to recognise potential recruits. The week before clinic the secretary sends the research staff the clinic list so the researchers can look through the list, identify potentials and then ask their medical staff to mention PODCAST to the identified patients.
- We are preparing for our next teleconference and plan to hold it on 18 April so please keep your lunchtime (12.30-13.30) free on that day and get in touch with any topics you wish to discuss or would like further information on.

PODCAST password reset

The reset option is on the login page. You can use it to request an email, which will contain a link allowing you to change your password. The system will also ask you to set a second PIN, which should be memorable to you personally. This will not replace your original PIN, but will be requested if you should forget your password again in the future. If you do not know your main PIN, you will still need to call the PODCAST office to reset your password.

What forms and documents to fax/send following randomisation

Please fax/send to the Co-ordinating Centre all consents (including screening consent), the patient and informant details, the ECG from the index stroke, all CT and MRI reports from time of index stroke, doppler reports, and the ABPM printout (if participating). The CT/MRI images must be sent via secure courier and we would like all brain images from the time of the patient's stroke until they have their final clinic appointment.

*** Please retain all patients' taxi receipts, and any receipts you have collected for reimbursement of patient travel. A system will be put in place to reimburse your centre for all travel costs incurred ***