

CENTRES Participants recruited

Aberdeen	6
Aintree	5
Airedale	0
Bassetlaw & Doncaster	1
Bath	0
Bournemouth	6
Bradford	1
Chesterfield	2
Derby	0
Durham and Darlington	0
East Kent QEQM	1
Leighton	3
Newcastle	6
North Tees & Hartlepool	2
Nottingham	21
Poole	0
Scarborough	0
Solihull	1
South Tyneside	1
South Tees Middlesbrough	0
Truro	9
Whitehaven	1
Yeovil	3
York	10

Total number of patients recruited to date on 1st November 2013

79

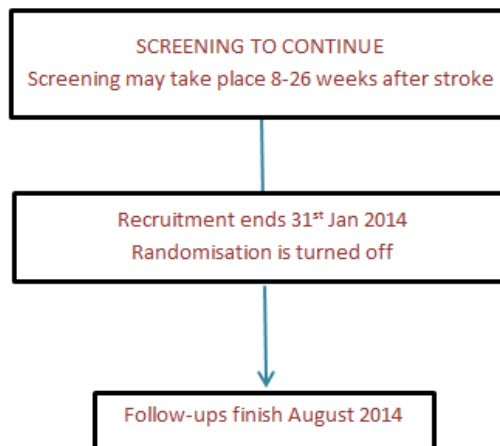


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*****STOP PRESS*****

Recruitment for PODCAST ceases 31st January, but we still need to recruit 21 patients to make our target of 100 participants. This target has been agreed as a minimum with the funders (The Stroke Association, Alzheimer's Society) and SRN, and this sample size will allow us to properly investigate the effect of treatment on blood pressure and lipid parameters: we must reach it...!

The way forward



****We are now offering a hamper for EVERY recruitment made between now and January!!****

****A free place to the Harrogate UK Stroke Forum in 2014 will be given to the centre that recruits the most patients between now and the end of January 2014: we will be presenting the results at UK Stroke Forum 2014.****

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Thanks to

- **Yeovil** for a great monitoring visit. Thank you for your hospitality.
- All the sites that have continued to screen patients; your efforts are greatly appreciated!

Upcoming Events

We will be attending the UK Stroke Forum on 4-6th December in Harrogate, hosting a stand and Investigator meeting. Date and time to be confirmed.

A Trial Steering Committee Teleconference will be taking place in December. Date and time to be confirmed.

Monitoring visits

We are continuing to monitor all PODCAST centres. Upcoming visits include South Tyneside, 21st November.



TIPS OF THE MONTH

- **Please be aware that we will be recruiting up until the end of January 2014. All final follow-ups should be conducted before the end of August 2014 so all new participants from now will already have had their stroke by now.**

- Please can you ensure that current CVs, GCP certificates and updated delegation logs are faxed to the coordinating centre when requesting PODCAST website IDs and PINs.

- If a patient wants to withdraw, please offer a reduced visit where the focus is on recording the ACE-R (primary outcome), BP, lipids and medications. These are our key findings.

Thank you for you continued support and lets continue recruiting!