

Newsletter for the **P**revention **O**f **D**ecline in **C**ognition **A**fter **S**troke **T**rial

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Web: [www.podcast-trial.org](http://www.podcast-trial.org)

Email: [podcast@nottingham.ac.uk](mailto:podcast@nottingham.ac.uk)

**CENTRES**    **Participants recruited**

Aberdeen	6
Aintree	5
Airedale	0
Bassetlaw & Doncaster	1
Bath	0
Bournemouth	6
Bradford	1
Chesterfield	2
Derby	0
Durham and Darlington	0
East Kent QEQM	1
Leighton	2
Newcastle	6
North Tees & Hartlepool	2
Nottingham	18
Poole	0
Scarborough	0
Solihull	0
South Tyneside	1
South Tees Middlesbrough	0
Truro	9
Whitehaven	1
Yeovil	3
York	8

Total number of patients recruited to date on **14<sup>th</sup>**

**June 2014**

**76**

twitter



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**\*\*\*STOP PRESS\*\*\***

We need a big push for recruitment; if every centre put in 1-2 patients then we may exceed 100 participants!

Please ensure you anonymise your discs before you send them to the coordinating centre.

The use of the OMRON BP machines is essential in PODCAST. Please print and retain the results – we use them to monitor your site.

Investigators can now upload anonymised scan reports, letters, ECG's, death certificates, Doppler reports or dementia letters.

***Congratulations to***

Congratulations to Aberdeen for their latest recruit and a great monitoring visit.

Welcome to Hull, North Staffordshire and Inverness, who are our latest PODCAST centres!

***Upcoming Events***

We will be attending the Alzheimer's Society Research Conference on the 27<sup>th</sup> June.

We will be attending the UKCRN annual meeting on the 19-20<sup>th</sup> September in Newcastle.

We will be attending the UK Stroke Forum on 4-6<sup>th</sup> December in Harrogate.

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## Monitoring visits

Thank you very much to Chesterfield Royal, Mid Cheshire hospital and Aberdeen Royal for their hospitality when we monitored your centres.

We shall continue to contact other centres to arrange monitoring visits in due course.



## TIPS OF THE MONTH

- Investigators, please try to achieve target blood pressure and lipid levels when managing the intensive participants.
- Please use Atorvastatin 80mg or Ezetimibe 10mg where possible in intensive lipid participants.
- Ensure you test the java software prior to participant follow up. More information is available on the website, under [Training Documents and Files](#).
- When writing a Serious Adverse Event, please do not write treatment assignment in the free text box, as this will unblind the trial adjudicator. There is no need to fax SAE forms, as these should be entered online.
- If a participant is attending an unscheduled visit please ensure you use the floating form found here:

[https://www.nottingham.ac.uk/~nszwww/podcast/podcasttrialdb/podcast\\_previews.php?auth=28ce755323](https://www.nottingham.ac.uk/~nszwww/podcast/podcasttrialdb/podcast_previews.php?auth=28ce755323)

***Thank you for you continued support and lets continue recruiting!***